

55th MARLAY POINT OVERNIGHT RACE

Saturday, March 11, 2023

Sailing Instructions

GIPPSLAND LAKES YACHT CLUB INC (GLYC)
&
LAKE WELLINGTON YACHT CLUB INC (LWYC)

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Gippsland Lakes Yacht Club Inc. in conjunction with Lake Wellington Yacht Club Inc. will conduct the Marlay Point Overnight Race (MPONR) on the waters of the Gippsland Lakes during the Labour Day Weekend in March 2023. The race will start near Marlay Point on Lake Wellington on Saturday March 11th.

1.0 RULES

- 1.1 The event will be governed by the rules as defined in *The Racing Rules of Sailing*, the prescriptions and Special Regulations Part I of Australian Sailing (AS) Category 5N and any AS amendments, each yacht's class rules (except where any of the class rules are altered by the sailing instructions) and by these sailing instructions.
- 1.2 The following amendments will apply.
 - 1.2.1 Each yacht shall carry charts of the area either electronic or paper under Special Regulation 4.10.1
 - 1.2.2 All yachts shall provide and display the identification number advised by MPONR at the time of acceptance of entry. Each number shall have a minimum line thickness of 25mm, a minimum height of 300mm and be a solid line on a contrasting background. The number shall be displayed on both sides of the yacht for the duration of the race.
 - 1.2.3 A complying lifejacket complying with AS4758-2015 (minimum Level 100N) or AS1512-1996 Type. 1 (not less than 100N), or an equivalent or more stringent overseas standard, shall always be worn by each member of the crew. This alters Special Regulation 5.01.1(k).
 - 1.2.4 Safety equipment shall be available for inspection on request.
 - 1.2.5 A yacht reported as not complying with mandatory safety regulations during the race may be protested by the race committee
 - 1.2.6 Between sunset and sunrise, Part 2 of the Racing Rules of sailing shall be modified, as appropriate, by the excerpts from the International Regulations for Preventing Collisions at Sea, 1972.
 - 1.2.7 No Trapeze shall be used.

2.0 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice boards located on the windows adjacent to the eastern door at the LWYC clubhouse and/or the entry foyer at the Gippsland Lakes Yacht Club.
- 2.2 Supplementary sailing instructions (called 'the supplement' below) will be posted on the official notice board.

3.0 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted at least two hours before the first start, except that any change of the schedule of races will be posted by 2000 hours on the day before it will take effect.

4.0 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the LWYC flagpole, and/or GLYC flagpole or balcony.

5.0 SCHEDULE OF EVENTS

- 5.1 Entries: All skippers shall submit the required entry forms by 1700 hrs Friday the 10th March
- 5.2 Registration: Sign on at LWYC on Saturday March 11th between 10am and 4.30pm.
- 5.3 Team Entries: Submitted at LWYC on Saturday March 11th between 10am and 4.30pm.
- 5.4 Measurement and Equipment Inspections may be carried out, at random, at LWYC and/or at GLYC before or after the race.
- 5.5 A briefing will be held at 1730 on Saturday March 11th in front of the LWYC.
- 5.6 Race times will be as follows:

DAY & DATE	RACE	DIVISION	STARTING TIME
Saturday March 12th	MPONR	C, D, M, A & B	1945

6.0 DIVISIONS

- 6.1 Yachts will be grouped into handicap divisions. A list of entrants will be available on the MPONR website and be on display at LWYC.
- 6.2 Division flags will be:

Naval Numeral 1	Division A
Naval Numeral 2	Division B
Naval Numeral 3	Division C
Naval Numeral 4	Division D
Naval Numeral 5	Division M
Naval Numeral 6	All Divisions

7.0 REGATTA SITE

- 7.1 Race Headquarters for the start of the race will be LWYC, Marlay Point.
- 7.2 Race Headquarters for the finish of the race will be GLYC, Paynesville.

8.0 RACING AREA

- 8.1 A sketch map of the area and a description of the courses to be sailed are included in these instructions, 9.0
- 8.2 A description of the marks to be rounded is included in these instructions.
- 8.3 Shortened Course

The course can be shortened as follows:

- 8.3..1 For Division A, B, C, D and M code flag S and division flag(s) displayed from the committee boat adjacent to a mark of the course indicates yachts in the division(s) signalled finish between the committee boat and the nearby mark.

- 8.3..2 The race may be shortened after the leaders have already passed any mark of the course. This will be signalled from a committee boats flying Code Flag S and advised verbally from a race committee boat approaching those boats or by radio
- 8.3..3 For Divisions C, D & M Code Flag S and Division Flag(s) displayed in the vicinity of the GLYC indicates that yachts in the division(s) signalled finish between the GLYC and the finishing line buoy.

9.0 COURSES

MPONR Division C, D & M

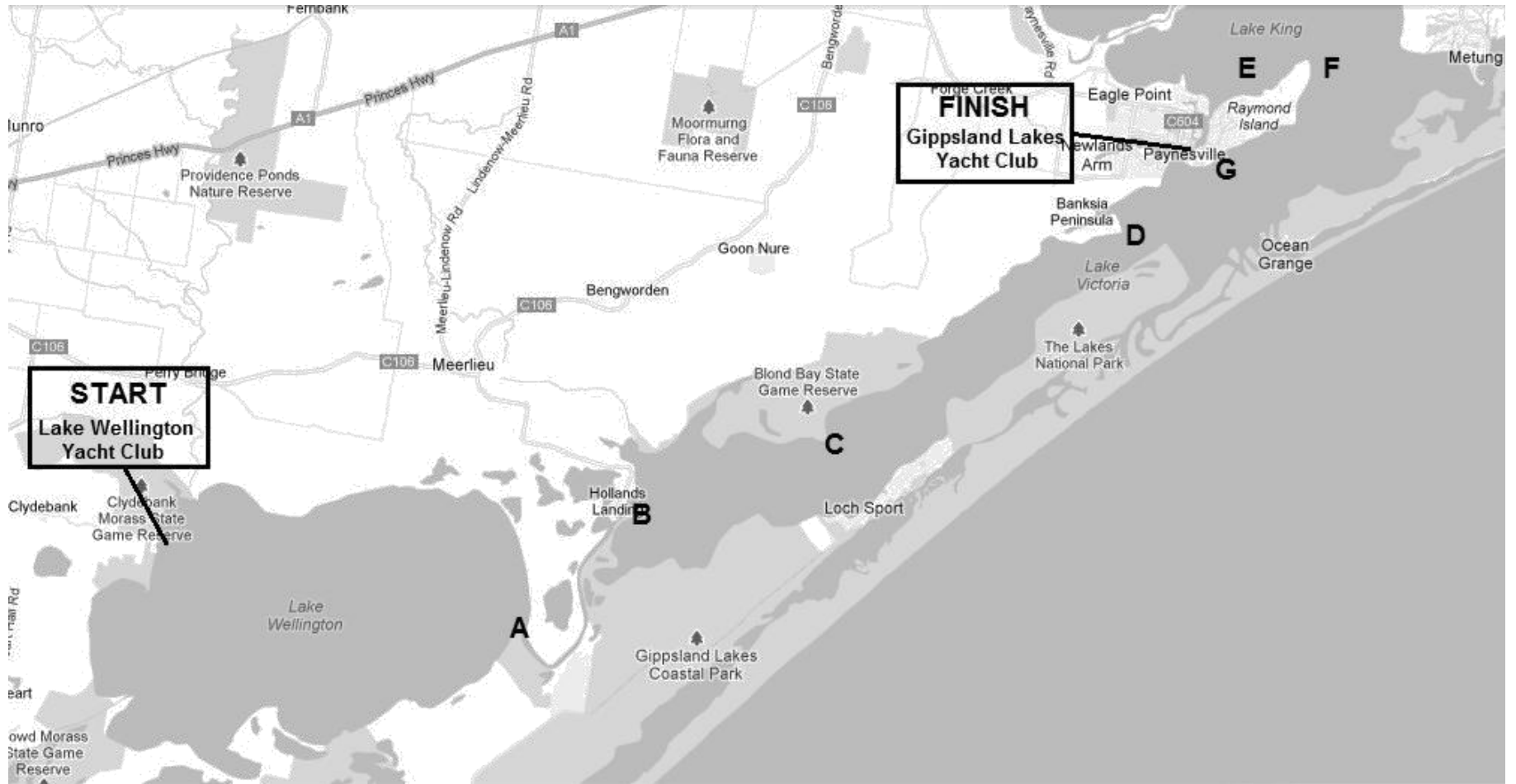
Mark	Port/Starboard	Description
START		START LINE (Flagstaff's of two committee boats)
A	Starboard	Plover Point Port Light - No.2
B	Port	Hollands Landing Lt.
C	Port	Storm Point Light
D	Port	Point Turner Light
FIN		GLYC
E	Starboard	Fort King Light
F	Starboard	Point King Light
G	Starboard	Harrington Point Pile Light
FIN		Finish at GLYC - Yellow buoy flashing amber

MPONR Division A & B

Mark	Port/Starboard	Description
START		STARTLINE (Flagstaff's of two committee boats)
A	Starboard	Plover Point Port Light - No.2
B	Port	Hollands Landing Lt.
C	Port	Storm Point Light
D	Port	Point Turner Light
FIN		Finish at GLYC - Yellow buoy flashing amber

NB: All lakes navigational marks to be left on their correct side.

Course Map



10.0 THE START

- 10.1 The starting line will be between the flag staffs on the two committee boats identified by the MPONR burgee. The flag staffs will display an orange flag or shape. After dark, they may display a flashing amber light. The committee boat on each end of the line will position a yellow buoy as a distance mark, which may be illuminated. Boats passing between the distance mark and the committee boat will be scored DNS.
- 10.2 The starting signals will be made by the committee boat at the starboard end of the starting line and will be as follows:

Division	Time	Signals
A, B, C, D & M	10 min. to Start (warning signal)	White Flare audible signal and raising of Division Flags
A, B, C, D & M	4 min. to Start (Preparatory Signal)	White Flare, audible signal and raising of Code Flag P
A, B, C, D & M	1 min to Start	White Flare, audible signal and lowering of code Flag P
A, B, C, D & M	Start A, B, C, D & M	White Flare, audible signal and lowering of Division Flags.

Starting signal flags may also be displayed at the port end of the start line.
The start timing may be broadcast on VHF radio.
For daylight starts, the firing of flares may be omitted.

- 10.3 Yachts that have not crossed the start line within 20 minutes of their start signal shall be considered a nonstarter.
- 10.4 All crews are requested to log details of adjacent yachts at the start
- 10.5 There will be no recalls. Yachts starting between the 4-minute and the start signal and not restarting correctly will be penalized by 5% of handicap rating. Any yachts on the course side of the start line prior to the 4-min signal, and not re-starting correctly, will be scored DNS..

11.0 FINISH

- 11.1 The finishing line will be near the south end of McMillan Strait at the GLYC between a blue shape on the western shore and a buoy identified by a blue flag and/or a flashing amber light, on the eastern end.

12.0 TIME LIMIT

- 12.1 The time limit for all classes is 1600 on March 12th, 2023.

13.0 PROTESTS

- 13.1 Protests forms available from the Declaration Desk.
- 13.2 Protests shall be lodged within one hour after the time of the last yacht to finish within the time limit.

14.0 SCORING SYSTEM

- 14.1 Individual results shall be calculated by applying the MPONR race handicaps to elapsed times.
- 14.2 For team entries the low point scoring system, Appendix A, will apply. The points scored by each team member for its place in its own division will be adjusted by a conversion factor to account for the different number of boats in each division.

$$\text{points} = \frac{\text{no of boats in largest division} \times \text{place in own division}}{\text{no. of boats in own division}}$$

15.0 SAFETY REGULATIONS

- 15.1 The Safety Declaration shall be completed by the skipper and submitted to the sign-on officials at Marlay Point. The Next of Kin list for the skipper and crew members shall also be completed and submitted at Marlay Point sign-on before an entry is finally accepted as a starter.
- 15.2 Skipper and crew shall all have a AS number. Any competitor who doesn't have this number can register for a Sail Pass at <https://www.revolutionise.com.au/sailglyc/registration/>
- 15.3 Any skipper who retires shall, immediately, telephone the Race Headquarters 0490 803 590 or contact one of the radio control points (Marlay Point or Paynesville Race Control Centre) on VHF CH 72. Failure to be recorded may involve the Water Police in a search and possible considerable expense to the skipper.
Please indicate your race number, your position and movement intentions.
- 15.4 Navigation lights shall be displayed from sunset to sunrise in accordance with International Regulations for Preventing Collisions at Sea, 1972.

16.0 IDENTIFICATION

All yachts must provide and display the identification number advised by MPONR at the time of acceptance of entry. Each number to have a minimum line thickness of 25mm, a minimum height of 300mm and be a solid line on a contrasting background. The number shall be displayed on both sides of the yacht for the duration of the race.

17.0 USE OF MOTOR

A motor may not be used except to render assistance or after retirement. Under fundamental Racing Rule 1, yachts using motors for the purpose of rendering assistance must log the details in the declaration in order to claim dispensation of time involved.

18.0 DECLARATION

A declaration form shall be completed by all skippers and handed into a box provided at the race Declaration Desk at the GLYC main entry foyer. Declarations shall be handed in within ONE hour of the expiration of the time limit. If the course is shortened on the water the Race Committee is authorised to extend the time for submitting declarations. A radio announcement will advise the new time.

Competitors not submitting a declaration will be scored DNF.

19.0 RADIO COMMUNICATION

- 19.1 A yacht shall neither make nor receive radio transmissions while racing which are not available to all yachts. This also applies to mobile phone and other forms of communication.

20.0 MEASUREMENT AND EQUIPMENT INSPECTION

- 20.1 A yacht or equipment may be inspected at any time for compliance with the class rules and these sailing instructions.
- 20.2 Yachts entered as standard yachts of a recognised class shall comply with the class rules of that yacht. Yachts with modifications will incur a minimum handicap penalty of 5%.
- 20.3 Yachts not complying with class rules shall provide accurate information as to the non-compliance on the entry form.
- 20.4 Yachts will be allocated a MPONR Handicap based on any available information which may include but is not limited to, past MPONRs, Goolwa Regatta YC, regatta results, club results, class associations, manufactures websites, OMR and the ATYSBR Appendix A. The Race Committee reserves the right to set or adjust any yacht's MPONR Handicap. Handicaps will only be discussed by prior arrangement. There will be no handicap discussions on race day unless initiated by the Race Committee.

21.0 RACE RESULTS

- 21.1 Provisional results may be displayed at the information centre at the GLYC.
- 21.2 Final results will be available on the MPONR website.

22.0 FERRY RULES

The Raymond Island Ferry operating in McMillan Straits has right of way. Chains in front of the ferry are not far below the surface of the water.

23.0 PRIZES

Trophies will be awarded as follows:

23.1 Corrected Time

First, Second and Third will be awarded in each division.

23.2 Line Honours First in each division.

23.3 MPONR Medallion Each yacht competing her nominated course will receive a medallion.

23.4 Short handed trophy – First yacht to finish on corrected time with two POB.

24.0 TEAMS TROPHIES

24.1 The LINDSAY DACK Memorial - A perpetual trophy to the team of three yachts from one class scoring the lowest aggregate points as per 15.2.

24.2 ADAM BRINTON - A perpetual trophy to the team of three yachts from one club scoring the lowest aggregate points as per 15.2.

24.3 RAY COLE - A perpetual trophy to the team of three yachts from one division consisting of 10 or more yachts, provided they are not members of any other team, scoring the lowest aggregate points as per 15.2.

24.4 Class association trophies (to be provided by the class association) maybe awarded to a class that has more than 10 boats entered in the race.

25.0 DISCLAIMER OF LIABILITY

Competitors participate in this race entirely at their own risk. See RRS Rule 4, Decision to Race. The LWYC and GLYC will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after this race.

26.0 INSURANCE

Each participating yacht shall be insured with valid third-party liability insurance with a minimum cover of \$10,000,000 including racing cover for the duration of the race.

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...and to the following organisations for their continued and massive support:

Clydebank Fire Brigade, the Water Police, the East Sale Bureau of Meteorology and St John Ambulance.